



SUPPLEMENTAL INSTRUCTIONS FOR **360 pound capacity**

All MSA FP Pullover, Vestype and Pro harnesses; Dyna-Brake* shock absorbing lanyards; Anchorage Connectors; are designed to meet ANSI Z359.1, ANSI A10.14, and applicable CSA and OSHA regulations. The standard capacity for these products is 310 lbs. (140 kg) including the weight of the user plus clothing, tools and other user-borne objects.

The capacity of 310 lbs. is specified in ANSI Z359.1. The changing size of the population has brought about the need for capacities exceeding 310 lbs. ANZI Z359.1 does not recognize weight capacities over 310 lbs. while ANSI A10.14, and applicable CSA and OSHA regulations allow for the manufacturer to adjust test methods to simulate capacities over 310 lbs. Therefore products with capacities over 310 lbs. cannot be labeled as meeting ANSI Z359.1. MSA FP has tested and verified that FP Pullover, Vestype and Pro harnesses; Dyna-Brake shock absorbing lanyards; Anchorage Connectors meet the ANSI A10.14, and applicable CSA and OSHA regulations for capacity of 360 lbs (162 kg), based on the adjusted test methods to simulate higher capacities. The capacity marked on the label supercedes any listed capacity in the User Instructions. All other information in the User Instructions continues to apply to 360 lbs. capacity products.

MSA FP offers additional sizes and custom capacities of up to 400 lbs. (180 kg) for most models. When products at these higher weight capacities are ordered and manufactured, the applicable weight capacity is marked on the product label. This capacity marked on the label supercedes any listed capacity in the User Instructions. Additionally, products marked with greater weight capacities are compliant to ANSI A10.14, and applicable CSA and OSHA regulations only. All other information in the User Instructions continues to apply to custom size and capacity harnesses.

Persons with muscular, skeletal, or other physical disorders should consult a physician before using these components for fall arrest. Increasing age and lowered physical fitness, as in obesity, may reduce a person's ability to withstand shock loads during fall arrest or prolonged suspension. Consult a physician if there is any question about physical ability to safely use these MSA FP products to arrest a fall or suspend.

* Dyna-Brake shock absorbing lanyards are not CSA certified.